Материалы для дистанционного обучения с 13.04.2020 по 17.04.2020

Урок 1. Тема Здоровье и здоровый образ жизни. Понимаешь ли ты инструкции.

Урок 7/Lesson 7

Учебник стр. 142 (144) упр. 1 прослушать аудиозапись (аудиозапись можно скачать с этого сайта <http://www.english-lessons-online.ru/homework/audiokursy-k-uchebnikam-2-11> ), прочитать диалог самостоятельно, перевести устно.

В тетради составить подобный диалог. Тема диалога Прием лекарственных препаратов. Действующие лица: Врач и Пациент (Doctor and Patient). По четыре фразы от каждого действующего лица. **Тетради сдавать не нужно.**

Урок 2. Тема Здоровье и здоровый образ жизни. Если ты нездоровый человек, кто за это ответственен.

Урок 8-9/Lesson 8-9

Учебник стр. 145 (147) упражнение 1, текст прочитать, перевести устно

Составить на отдельном листе 5 вопросов к тексту в Present Simple в тетради

Видеоурок на повторение тем:

Present Simple <https://www.youtube.com/watch?v=vApeTNWH8wI> и составление вопросов в Present Simple можно посмотреть по ссылке <https://yandex.ru/video/preview/?filmId=11069217885761978068&text=Present%20Simple%20%D0%B2%D0%BE%D0%BF%D1%80%D0%BE%D1%81%D1%8B%20%D0%B2%D0%B8%D0%B4%D0%B5%D0%BE&path=wizard&parent-reqid=1586350874295367-1429436586686112830000213-production-app-host-vla-web-yp-178&redircnt=1586351059.1>

Урок 3. Повторение и обобщение темы Здоровье и здоровый образ жизни.

Поработайте с текстом, указанным ниже. Заполните в нем пропуски с помощью слов и выражений, указанных после текста. перепишите тему Здоровье в тетрадь, переведите текст устно (тетрадь сдавать не нужно).

Health

Good health is very important for every person. Moreover, there is nothing more important than health. Wise people even say: “Health is above wealth”, because if you don’t care of your health, you can’t study or work properly. Unfortunately, having perfect health is\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. Due to highly polluted environment people suffer from many diseases.

The best way \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_is to do regular morning exercise, to eat healthy products, to sleep at least 8 hours a day. In addition, we ought to avoid different bad habits that can affect our health. In my opinion, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_too much alcohol are the worst ones. Smoking, for example, causes a number of heart and lung diseases.

In my opinion, we are healthier today than people were\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. To begin with, we have a better diet. In recent years eating habits have changed. People started to eat healthy food, which contains less fat and it is rich in vitamins. Salads, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ have taken the place of steak and ice cream. And people today eat more fruit and vegetables than people did fifty years ago. Of course, we also eat more fast food, but generally I think our diet is better.

To my mind, another way to stay healthy and fit is to go in for\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. My favourite sport is swimming. I spend a lot of time in the swimming-pool. Other sports I enjoy are cross-country skiing and figure-skating.

To stay healthy, it is also important \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_in the open air. It is especially useful to go for a walk before going to bed. Following these simple rules regularly is the only way to promote our health.

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1. almost impossible nowadays 2. smoking and drinking 3. to stay healthy 4. beans, and fruit 5. fifty years ago 6. to spend lots of time 7. various sports

**Задания направить в виде фотографии на электронную почту** [tat52215483@yandex.ru](mailto:tat52215483@yandex.ru)